

MONNICA T. WILLIAMS, PH.D.

Center for the Treatment and Study of Anxiety
University of Pennsylvania School of Medicine
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EDUCATION

University of Virginia, 2003-2007

Ph.D.: Department of Psychology, Clinical Area

Dissertation: Racial Differences in the Assessment of Obsessive-Compulsive Disorder

University of Virginia, 2000-2002

M.A.: Department of Psychology, Clinical Area

Thesis: Ethnic Identification Biases Responses to the Padua Inventory for Obsessive-Compulsive Disorder

University of California, Los Angeles, 1997-2000

Supplementary undergraduate psychology coursework and research

Massachusetts Institute of Technology, 1987-1992

S.B.: Department of Electrical Engineering & Computer Science

Emphases: Biomedical technology, speech and hearing, electrical systems, creative writing

EXPERIENCE

Assistant Professor: University of Pennsylvania, Department of Psychiatry, 2007-present

Conducted research and administered CBT treatment to patients with anxiety disorders.

Psychology Intern: Montreal General Hospital, McGill University Health Centre, 2006-2007

Assessed and treated inpatients and outpatients with severe psychopathology.

Adjunct Professor: University of Virginia, Department of Interdisciplinary Studies, 2002-2006

Taught undergraduate psychology courses at Charlottesville and Tidewater campuses.

Instructor: University of Virginia, Department of Psychology, 2005-2006

Taught undergraduate department psychology courses and seminars.

Clinical Trainee: University of Virginia, Department of Psychology, 2001-2006

Psychotherapy and testing of students, community clients, rural families, and hospital inpatients.

Faculty Research Analyst: University of Virginia, Center for Survey Research, 2002-2005

Developed and implemented large-scale survey research projects.

Research Assistant: University of Virginia, Department of Psychology, 2001-2002

Principal investigator for anxiety disorders research; studied personality disorders.

Research Assistant: UCLA Psychology Department, Anxiety Disorders Research Lab, 1999-2000
Measured attentional processes in irritable bowel syndrome patients.

Programmer Analyst: UCLA Computer Science Department, Parallel Computing Lab, 1995-2000
Coordinated lab activities, participated in development of research software.

Research Assistant: MIT Research Laboratory of Electronics, 1990-1991
Studied speech of cochlear implant patients.

COURSES TAUGHT

Abnormal Psychology: Instructor, University of Virginia, 2004-2006

Psychological Processes and Human Behavior: Instructor, University of Virginia, Spring 2006

University Internship Program: Instructor, University of Virginia, 2005- 2006

Reading, Writing, & Reasoning: Graduate Assistant, University of Virginia, Summer 2005

Gender Psychology: Teaching Assistant, University of Virginia, Spring 2005

Child Psychopathology: Teaching Assistant, University of Virginia, Fall 2004

Undergraduate Psychology Research: Principal Investigator, University of Virginia, 2002-2004

Child Psychology: Teaching Assistant, University of Virginia, 2002

Adolescent Sexual Development: Grader/Teaching Assistant, University of Virginia, Summer 2002

CONSULTING

Expert Consultant: Terwilliger Web Development Services, 1995-present
Design and implementation of Internet projects for non-profit, educational, financial organizations.

COMMUNITY SERVICE

NeuroticPlanet & BrainPhysics OCD Web Sites: Online Discussion Forum, Moderator, 2000-present

Pregnancy Centers of Central Virginia: Public Relations Committee, Charlottesville, VA, 2000-2004

Westside Pregnancy Resource Clinic: Lead Counselor, Los Angeles, CA, 1993-2000

OC Foundation of Calif. / OCSDA: Board of Directors: Community Education, Tarzana, CA, 1997-2000

National Alliance for the Mentally Ill, Calif. Chapter: PBS Documentary, Los Angeles, CA, 1998

A Woman's Concern: Pregnancy Testing & Resource Center: Counselor, Dorchester, MA, 1993

Rachel's Promise Women's Shelter: Board of Directors, Brookline, MA, 1990-1992

UNIVERSITY SERVICE

University of Pennsylvania, CTSA Community Outreach Committee, 2008-present

University of Virginia Student Health Insurance Committee, 2004-2006

University of Virginia Center for Survey Research Hiring Committee, 2005

University of Virginia Psychology Department Minority Concerns Committee, 2001-2003

MIT Student Committee on Educational Policy, Vice-Chairperson, 1990-1992

MIT Interfaith Newsletter, Editor, 1991-1992

GRANTS, SCHOLARSHIPS & FELLOWSHIPS

APA Culturally-Informed Evidence Based Practices Conference Grant, 2008
Southern Regional Education Board Fellowship, 2000-2003, 2006-2007
NRSA National Institute of Health Predoctoral Training Grant, 2004-2006
Robert J. Huskey Travel Fellowship, 2001, 2006
Lettie Pate Whitehead Foundation Scholarship, 2005
Anxiety Disorders Association of America, Predoctoral Trainee Travel Grant, 2005
Time-Sharing Experiments for the Social Sciences, Special Competition, 2004
National Achievement Scholarship, 1989
Delta Sigma Theta Sorority, Grand Scholarship, 1989
Garden City Women's Club Scholarship, 1989

HONORS & AWARDS

Marquis Who's Who in America, 60th ed, 2006
NRC Ford Foundation Doctoral Fellowship for Minorities, Honorable Mention, 2000
UCLA Staff Incentive Award, 1997, 1999
Home Town Hero, Citizen Magazine, 1996
MIT William L. Stewart Jr. Award for Outstanding Contributions in Extracurriculars, 1991
Who's Who Among American High School Students, 1989

PROFESSIONAL MEMBERSHIPS

American Psychological Association	International Society for Mental Health Online
Assn. for Behavioral & Cognitive Therapies	National Alliance for Mentally Ill, PA Main Line
Anxiety Disorders Association of America	Assn of Black Psychologists, Delaware Valley

ACADEMIC PUBLICATIONS

- M. T. Williams**, E. Turkheimer, E. Magee, T. Guterbock, "The Effects of Race and Racial Priming on Self-Report of Contamination Anxiety," *Personality and Individual Differences*, 44(3): 744-755, 2008.
- M. T. Williams**, E. Turkheimer, "Identification and Explanation of Racial Differences on Contamination Measures," *Behaviour Research and Therapy*, 45(12): 3041-3050, 2007.
- M. T. Williams**, L. Bonner, "Sex Education Attitudes and Outcomes Among North American Women," *Adolescence*, 41(161):1-14, Spring 2006.
- M. T. Williams**, E. Turkheimer, K. Schmidt, T. Oltmanns, "Ethnic Identification Biases Responses to the Padua Inventory for Obsessive-Compulsive Disorder," *Assessment*, 12(2):174-185, 2005.

CONFERENCE PRESENTATIONS (last 5 years)

- N. Jayawickreme, R. Sposato, **M. Williams**, E. B. Foa. "Ethnic Differences in Response to Trauma Cognitions in Patients Treated for Comorbid PTSD and Alcohol Dependence," poster submitted for the *42nd Convention of the Association of Behavioral & Cognitive Therapies*, Orlando, FL, November 13-16, 2008.
- R. Sposato, N. Jayawickreme, **M. Williams**, E. B. Foa. "Gender Differences in Depressive Symptomology Among Patients Treated for Comorbid PTSD and Alcohol Dependence," poster submitted for the *42nd*

Convention of the Association of Behavioral & Cognitive Therapies, Orlando, FL, November 13-16, 2008.

- M. Williams**, E. Turkheimer. "Black-White Differences in Obsessive-Compulsive Disorder Screening Measures," poster presented at the *20th Annual Meeting of the Society for Research in Psychopathology*, Miami, FL, October 12-15, 2006.
- M. Williams**, E. Turkheimer, K. Decker, T. Oltmanns. "Black-White Differences in Contamination Attitudes Complicate Assessment of OCD," poster presented at the *24th National Conference of the Anxiety Disorders Association of America*, Miami, FL, March 11-14, 2004.
- M. Terwilliger**, E. Turkheimer, K. Barkley, T. Oltmanns. "Stereotype Threat Confounds Assessment of Anxiety in African-Americans," poster presented at the *23rd National Conference of the Anxiety Disorders Association of America*, Toronto, Ontario, Canada. March 27-30, 2003.

REPORTS & CHAPTERS

- M. Williams**, "Homosexuality Anxiety: A Misunderstood Form of OCD," In L. V. Sebeki (ed), *Leading-Edge Health Education Issues*, Nova Science Publishers, 2008.
- M. Williams**, E. Turkheimer, "The Effects of Interviewer Race on Anxiety in African Americans," In L. V. Sebeki (ed), *Leading-Edge Health Education Issues*, Nova Science Publishers, 2008.
- M. Williams**, G.B. Saathoff, T. Guterbock, A. MacIntosh, R. Bebel, *Community Shielding in the National Capital Region: A Survey of Citizen Response to Potential Critical Incidents*, Center for Survey Research, University of Virginia, June 2005.
- M. Williams**, T. Guterbock. *Prince William County Citizen Satisfaction Survey: Report of Results*, Center for Survey Research, University of Virginia, July 2004.
- R. Bebel, **M. Williams**, A. MacIntosh, R. Hubbard, *City of Rockville Internal Customer Satisfaction Survey, Report of Results*, Center for Survey Research, University of Virginia, May 2004.
- M. Williams**, T. Guterbock. *Department of Motor Vehicles Customer Satisfaction Survey: Report of Results*, Center for Survey Research, University of Virginia, April 2004.
- M. Williams**, American Medical Student Association Foundation, *Washington Health Policy Fellowship Program Career Interest and Training Assessment: Report of Results*, Center for Survey Research, University of Virginia, November 2003.
- M. Williams**, T. Guterbock. *Prince William County Citizen Satisfaction Survey: Report of Results*, Center for Survey Research, University of Virginia, July 2003.
- M. Terwilliger**, "Some Reasons to Decide," In W. Dudley (ed), *Pregnancy: Teen Decisions*, Greenhaven Press, Spring 2001.

SELECTED LECTURES (last 3 years)

- Quarterly Meeting Presentation:** "Homosexuality Anxiety: A Misunderstood Symptom of OCD," OC Foundation of New Jersey, Robert Woods Johnson Hospital, September 2008.
- Brain & Behavior:** "Administering the Mental Status Exam," Department of Psychiatry, University of Pennsylvania School of Medicine, March 2008.
- Pathways into Psychology:** "The Psychologists' Role in a Hospital Setting," Association of Black Psychologists Delaware Valley Chapter, Community College of Philadelphia, February 2008.
- Psychotherapy Seminar:** "Ethno-Cultural Issues in Psychotherapy," McGill University Health Centre, Montreal General Hospital, May 2007.
- Psychological Assessment Seminar:** "Black-White Differences in the Assessment of OCD Symptoms," McGill University Health Centre, Montreal General Hospital, November 2006.
- Clinical Issues Seminar:** "Racial Identification Confounds Assessment of Contamination Anxiety in African Americans," Department of Psychology, University of Virginia, March 2006.

POPULAR MEDIA

- M. Williams, "Beating OCD: When Your Medication Isn't Doing Enough: Augmentation Strategies for People taking SRIs," *The G.O.A.L. Post Newsletter*, OC Foundation of Philadelphia, Vol. 10, Issue 1, Spring 2008.
- KYW Newsradio 1060, "Philly Rated a Stressful Place to Live," interview by Michelle Durham, Saturday, February 23, 2008.
- OC Foundation of Philadelphia, "A Spouse's Experience with Mental Illness: Coping Strategies," *The G.O.A.L. Post Newsletter*, Vol. 9, Issue 4, Winter 2007-8.
- Clinical Psychiatry News, "Be Sure to Differentiate Between OCD, Cultural Differences," Volume 32, Number 8, August 2004, p. 32.
- Cavalier Daily, "One-Track Minds: Examining OCD," University of Virginia newspaper, printed October, 25, 2001.
- 20/20, "Sexual Obsessions," national investigative news show, recorded February 2000.
- Montel Williams, "The Many Faces of OCD," national television talk show, aired February 2000.
- National Alliance for the Mentally Ill (California), "Trapped Within: OCD," PBS documentary, recorded Summer 1998.
- Leeza Gibbons, "Loving Someone with OCD," national television talk show, aired May 5, 1997.
- Russian radio, "Obsessive-Compulsive Disorder," foreign radio show, recorded July 1997.
- Daily Bruin News, "Walking the Tightrope," UCLA newspaper, printed April 3, 1997.

AD HOC REVIEWER

Psychological Assessment
Depression and Anxiety
Personality and Individual Differences

RESEARCH INTERESTS

Adult Psychopathology (OCD & Related Disorders, Personality Disorders, Severe Syndromes)
Psychometrics (Assessment Tools, Group Differences)
Cross-Cultural Psychology (African Americans, Underrepresented Populations)
Health Psychology (Sexual Risk-Taking, Pregnancy, Contraception, Nutrition)
Computers in Psychology (Web-Based Research, Computer Interventions)

CERTIFICATES & LICENSURES

University of Virginia Group Fitness Instructor Certificate
American Heart Association CPR, First Aid & Defibrillator Certificate